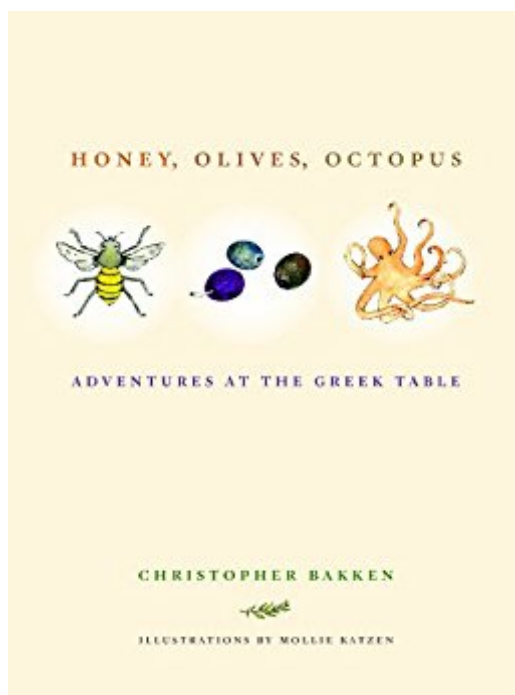


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# Honey, Olives, Octopus: Adventures At The Greek Table



## Synopsis

Combining the best of memoir, travel literature, and food writing, Christopher Bakken delves into one of the most underappreciated cuisines in Europe in this rollicking celebration of the Greek table. He explores the traditions and history behind eight elements of Greek cuisine—olives, bread, fish, cheese, beans, wine, meat, and honey—and journeys through the country searching for the best examples of each. He picks olives on Thasos, bakes bread on Crete, eats thyme honey from Kythira with one of Greece's greatest poets, and learns why Naxos is the best place for cheese in the Cyclades. Working with local cooks and artisans, he offers an intimate look at traditional village life, while honoring the conversations, friendships, and leisurely ceremonies of dining around which Hellenic culture has revolved for thousands of years. A hymn to slow food and to seasonal and sustainable cuisine, *Honey, Olives, Octopus* is a lyrical celebration of Greece, where such concepts have always been a simple part of living and eating well.

## Book Information

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## Customer Reviews

My trips to Greece filled me with the same longing to return that I found in the lyrical pages of

Honey, Olives, Octopus: Adventures at the Greek Table. The research and anecdotes that fill these pages are delightful. Please write a sequel, Mr Bakken! Surely you would like to write more about Greek spices, goats and goatherds, apricots and figs.... I loved this book so much I am adding it to my very short list of "comfort books," which are the ones I re-read when I am in need of solace.

Greek food and travel writing at it's best. I think Bakken's prose should be read aloud as his words are full of poetic fullness. It's made me hungry for simple, authentic Greek food and travel.

Christopher Bakken takes his reader on a delightfully intimate journey through Greece, introducing us to its food culture through warm and witty stories and outstanding recipes.

Mr. Bakken's poetic writing makes you feel like you are there, smelling the wild thyme, munching on grilled octopus . . .

This book changed my diet forever. Besides being a story of a love affair with a country, its people and food, there are great ideas for light meals.

So vivid you can almost taste and smell the goodies! Wish I could be there to sample them all myself.

As someone who has travelled to Greece repeatedly - a true Grecophile I suppose - I found this book to be a very enjoyable read.

Excellent information and fun to read.

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